



Specializing in
 Line Dancing &
 Couples Flow Dancing
 To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

Hey Soul Sister

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Description: 4 wall, 32 count Intermediate line dance

Music: **Hey, Soul Sister** by Train, available on itunes (USA), 16 count intro (Start on "lip")

1 ¼ Turn R, ¼ Turn R rock Recover Cross, ¼ Turn Left Step Back R, L, Coaster Cross

- 1-3 1/4 turn to right stepping right forward (3:00), 1/2 turn right stepping left foot back (9:00), 1/2 turn right stepping right foot forward (3:00),
- 4&5 Rock left forward ¼ turn right, recover on right, cross left over right
- 6,7 ¼ turn left stepping right foot back (3:00), step left back
- 8&1 Step right back, step left next to right, cross right over left

Rock Recover, 3/8 Turn R Syncopated Box, Botafogo x 2

- 2,3 Rock left to left side, recover onto right
- 4&5 Cross left over right, ¼ turn left (12:00) step right back, 1/8 turn left (11:00) step left forward
- 6&7 Cross right over left, rock left to left side, recover onto right
- 8&1 Cross left over right, rock right back, 1/8 turn left (9:00), step left forward

Walk Right Forward, Chase Turn R, Full Turn L, Rock & Coaster Step

- 2-3&4 Step right forward, step left forward, ½ turn right (3:00) step right forward, step left forward
- 5-6 ½ turn left (9:00) stepping right back, ½ turn left (3:00) stepping left forward
- 7& Rock right forward, recover onto left
- 8&1 Step right back, step left next to right, step right forward

Paddle Turn ¼ R x 2, Cross, Point R, & Point L, Heel Jack R

- &2&3 & hitch left knee and make ¼ turn right, (6:00) point left to left side, & hitch left knee and make ¼ turn right, (9:00) point left to left side.
- 4 Cross left in front of right
- 5&6 Point right to right side, & step right next to left, point left to left side
- &7&8 & Step left next to right, cross right in front of left, step left to left side, tap right heel to side