



Specializing in  
Line Dancing &  
Couples Flow Dancing  
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

## Mamma Maria

Choreographed by Frank Trace

**Description:** 32 count, 4 wall, ultra beginner line dance

**Music:** **Mamma Maria** by Ricchi E. Poveri [CD: I successi / Available on iTunes]

**Mamma Maria** by The Countdown [CD: The Best Of Italy - 20 Great Favorites / Available on iTunes]

**High Lonesome Sound** by Vince Gill [96 bpm / High Lonesome Sound / Available on iTunes]

**Poker Face** by Lady Gaga [CD: The Fame / Available on iTunes]

Start on vocals. When using Poker Face, start dance 32 counts in on heavy beat

### WALK FORWARD DIAGONALLY RIGHT, KICK, WALK BACK DIAGONALLY LEFT, TOUCH

1-4 Turn 1/8 right and step right forward, step left forward, step right forward, kick left forward (1:30)

5-8 Step left back, step right back, step left back, turn 1/8 left and touch right together (12:00)

### WALK FORWARD DIAGONALLY LEFT, KICK, WALK BACK DIAGONALLY RIGHT, TOUCH

1-4 Turn 1/8 left and step right forward, step left forward, step right forward, kick left forward (10:30)

5-8 Step left back, step right back, step left back, turn 1/8 right and touch right together (12:00)

### TWO CHARLESTON STEPS

1-4 Step right forward, kick left forward, step left back, touch right back

5-8 Step right forward, kick left forward, step left back, touch right back

### VINE RIGHT, TOUCH, VINE LEFT TURN ¼ LEFT, TOUCH

1-4 Step right to side, cross left behind right, step right to side, touch left together

5-8 Step left to side, cross right behind left, turn ¼ left and step left forward, touch right together (9:00)

REPEAT

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