



# COUNTRY PLUS

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ASCAP/BMI Licensed

Specializing in  
Line Dancing &  
Couples Flow Dancing  
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

## My Next Love

Choreographed by Niels B. Poulsen

**Description:** 48 count, 4 wall, beginner/intermediate waltz line dance

**Music:** My Love by Fredrik Kempe

Start dancing on lyrics

### CROSS LEFT OVER RIGHT, SLOW SWEEP, CROSS RIGHT OVER LEFT, SLOW SWEEP

- 1-3 Step left diagonally forward (towards 1:30), sweep right forward over 2 counts
- 4-6 Step right diagonally forward (towards 10:30), sweep left forward over 2 counts

### ROCK LEFT FORWARD SLOWLY, ROCK RIGHT BACK SLOWLY

- 1-3 Rock left forward, hold for 2 counts
- 4-6 Recover back to right, hold for 2 counts

*Restart here on 6th wall*

### LEFT BASIC 1/2 LEFT, RIGHT BASIC FORWARD

- 1-3 Turn 1/2 left and step left forward, step right together, change weight to left (6:00)
- 4-6 Step right forward, bring left next to right, change weight to right

### FORWARD LEFT, TOUCH, HOLD, BACK RIGHT, SWEEP LEFT AROUND

- 1-3 Step left forward, touch right diagonally forward (towards 7:30), hold
- 4-6 Step right back, sweep left out and backwards over 2 counts

### BEHIND SIDE CROSS, SWAY HIPS TO RIGHT SIDE

- 1-3 Cross left behind right, step right to side, cross left over right
- 4-6 Step right to side swaying your hips to right side (sway over 3 counts)

### LEFT BASIC FORWARD WITH 1/4 LEFT, RIGHT BASIC BACKWARDS WITH 1/2 LEFT

- 1-3 Turn 1/4 left and step left forward, step right together, change weight to left (3:00)
- 4-6 Turn 1/2 left and step right back, step left together, change weight to right (9:00)

*Counts 31-37 is a left full turn*

### 1/4 LEFT SWAYING HIPS TO LEFT SIDE, SWAY HIPS TO RIGHT SIDE

- 1-3 Turn 1/4 left and step left to left side swaying your hips to left side (sway over 3 counts) (6:00)
- 4-6 Step right to side swaying your hips to right side (sway over 3 counts)

### SWAY HIPS TO LEFT SIDE, BASIC WALTZ STEP FORWARD WITH 1/4 RIGHT

- 1-3 Step left to side swaying your hips to left side (sway over 3 counts)
- 4-6 Turn 1/4 right and step right forward, bring left next to right, change weight to right (9:00)

**REPEAT**

**RESTART**

*Restart after count 12 on wall 6*