



Specializing in  
Line Dancing &  
Couples Flow Dancing  
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

## My Veronica

Choreographed by Peter Metelnick & Alison Biggs

**Description:** 64 count, 4 wall, beginner/intermediate line dance

**Music:** Veronica by Barbados

Start 16 counts after heavy beat starts (on verse vocals) as he sings the word "raised" in the phrase "Well I raised the highest mountain"

### LEFT FORWARD BOX

- 1-4 Step left side left, step right together, step left forward, hold  
5-8 Step right side right, step left together, step right back, hold

### ¼ LEFT & LEFT FORWARD BOX

- 1-4 Turning ¼ left step left side left, step right together, step left forward, hold  
5-8 Step right side right, step left together, step right back, hold (facing 9:00)

### LEFT TRIPLE TURNING ¼ LEFT, HOLD, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, HOLD

- 1-4 Step left side left, step right together, turning ¼ left step left forward, hold  
5-8 Step right forward, pivot ½ left, step right forward, hold (facing 12:00)

### RIGHT FULL TURN FORWARD TRIPLE STEP, HOLD, RIGHT FORWARD TRIPLE STEP, HOLD

- 1-4 Turning ½ right step left back, turning ½ right step right forward, step left forward, hold  
*Easier option: step left forward, step right together, step left forward, hold*  
5-8 Step right forward, turning ½ right step left back, turning ½ right step right forward  
*Easier option: step right forward, step left together, step right forward, hold (facing 12:00)*

### ¼ RIGHT & LEFT SIDE ROCK & RECOVER, LEFT CROSS, HOLD (OR LEFT TOE STRUT), VINE RIGHT 4

- 1-4 Turning ¼ right rock left side, recover on right, cross left over right, hold  
*Or execute a cross toe strut on counts 3-4*  
5-8 Step right side right, cross left behind right, step right side right, CROSS left over right (facing 3:00)

### RIGHT SIDE, LEFT BACK ROCK & RECOVER, LEFT SIDE, RIGHT BACK ROCK & RECOVER, RIGHT FORWARD, HOLD

- 1-4 Step right side right, rock left back, recover on right, step left side left  
5-8 Rock right back, recover on left, step right forward, hold (facing 3:00)

### LEFT FORWARD, ½ RIGHT PIVOT TURN, LEFT FORWARD, HOLD, RIGHT SIDE ROCK & RECOVER, RIGHT TOGETHER, LEFT HEEL FORWARD

- 1-4 Step left forward, pivot ½ right, step left forward, hold  
5-8 Rock right side, recover on left, step right together, touch left heel forward (facing 9:00)

### LEFT SIDE ROCK & RECOVER, LEFT TOGETHER, ½ RIGHT MONTEREY ENDING WITH LEFT TOUCH TOGETHER

- 1-4 Rock left side, recover on right, step left together, hold  
5-8 Touch right toes to right side, turning ½ right step right together, touch left toes to left side, touch left together (facing 3:00)

### REPEAT

### ENDING

*Dance finishes facing front wall. The last pattern will start facing front wall. Dance as far as counts 25-28: the full left turning triple & hold (or easier option left forward triple & hold). Either way weight ends on left foot. Add 2 quick hip bumps right & left to hit the final notes of the music & hold*