



## Ooh Poo Pah Doo

Choreographed by Violet Ray

**Description:** 48 count, 2 wall, beginner/intermediate line dance

**Music:** Ooh Poo Pah Doo by Taj Mahal [CD: Phantom Blues / Available on iTunes]

Begin the dance on the word "doo"

### SIDE ROCK, RECOVER, SAILOR STEP (2X), KICK BALL STEP

- 1-2 Rock right foot out to right side, recover on left foot  
 3&4 Cross right foot behind left foot, step ball of left foot to left side, step right foot to right side  
 5&6 Cross left foot behind right foot, step ball of right foot to right side, step left foot to left side  
 7&8 Kick right foot forward, step ball of right foot next to left foot, step left foot forward

### TOE STRUTS FORWARD (3X), KICK BALL CROSS

- 1-2 Touch ball of right foot forward, press right heel down  
 3-4 Touch ball of left foot forward, press left heel down  
 5-6 Touch ball of right foot forward, press right heel down  
 7&8 Kick left foot forward, step left foot next to right foot, cross right foot over left foot

### UNWIND ½ LEFT WITH SHOULDER SHRUGS, COASTER STEP

- 1-6 Slowly unwind ½ to left on balls of both feet for 6 counts and at same time, shrug shoulders 6 times, ending with weight on right foot (6:00)

*Styling: hold arms down and out to sides with palms down*

- 7&8 Step left foot back, step right foot next to left foot, step left foot forward

### LOCK STEPS FORWARD RIGHT & LEFT

- 1-2 Step right foot forward diagonally right, cross left foot behind right foot  
 3&4 Step right foot forward diagonally right, cross left foot behind right foot, step right foot forward diagonally right  
 5-6 Step left foot forward diagonally left, cross right foot behind left foot  
 7&8 Step left foot forward diagonally left, cross right foot behind left foot, step left foot forward diagonally left

### ROCK, RECOVER, ¼ TRIPLE TURN, ¼ PIVOT TURN, ¼ PIVOT TURN

- 1-2 Rock forward on right foot, recover on left foot  
 3&4 Execute triple step while turning ½ right (right, left, right) (12:00)  
 5-6 Step left foot forward, pivot turn ¼ to right ending with weight on right foot (3:00)  
 7-8 Step left foot forward, pivot turn ¼ to right ending with weight on right foot (6:00)

### ROCK, RECOVER, ¼ TRIPLE TURN, ¼ PIVOT TURN, ¼ PIVOT TURN

- 1-2 Rock forward on left foot, recover on right foot  
 3&4 Execute triple step while turning ½ to left (left, right, left) (12:00)  
 5-6 Step right foot forward, pivot turn ¼ to left ending with weight on left foot (9:00)  
 7-8 Step right foot forward, pivot turn ¼ to left ending with weight on left foot (6:00)

### REPEAT

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