



*Specializing in
Line Dancing &
Couples Flow Dancing
To All Types of Music*

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

Sag, Drag & Fall

Choreographed by Frank Trace

Description: 32 count, 4 wall, beginner line dance

Music: **Sag, Drag & Fall** by Sid King and The Five Strings [CD: Ain't I'm A Dog / Available on iTunes]

Wastin' Time With You by Carlene Carter [185 bpm / Little Love Letters / Available on iTunes]

Start dancing on lyrics

DIAGONAL RIGHT STEP, SLIDE, STEP, SCUFF, DIAGONAL LEFT STEP, SLIDE, STEP, SCUFF

- 1-4 Step right diagonally forward, slide/step left together, step right diagonally forward, scuff left forward
- 5-8 Step left diagonally forward, slide/step right together, step left diagonally forward, scuff right forward

STEP SCUFFS MAKING "ARC" PATTERN

- 1-8 Step right forward, scuff left, step left forward, scuff right, step right forward, scuff left, step left forward, scuff right (3:00)

As you do the step scuffs you are making an "arc" pattern doing a ¾ turn left ending at the 3:00 wall

TOE STRUT JAZZ BOX

- 1-4 Cross right toe over left, drop right heel, step left toe back, drop left heel
- 5-8 Step right toe to side, drop right heel, step left toe slightly forward, drop left heel

FORWARD STEP, SLIDE, STEP, HOLD, STEP, ½ PIVOT, STEP, HOLD

- 1-4 Step right forward, slide/step left together, step right forward, hold
- 5-8 Step left forward, turn ½ right (weight to right), step left forward, hold (9:00)

REPEAT
