



COUNTRY PLUS

John & Freida Utzig
(815)389-3366

Website: www.countryplus.org
E-mail: countryplus@sbcglobal.net

*Specializing in
Line Dancing &
Couples Flow Dancin'
To All Types of Musi*

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Less
- Partner Lessons
- D.J. Service

Thanks A Lot

Choreographed by Helen Conroy Noonan

Description: 32 count, 4 wall, beginner/intermediate line dance

Music: Thanks A Lot by Robert Mizzell

Start dancing on lyrics

RIGHT HEEL FORWARD, RIGHT TOE BACK, RIGHT SHUFFLE FORWARD, LEFT HEEL FORWARD, LEFT TOE BACK, LEFT SHUFFLE FORWARD

- 1-2 Touch right heel forward, touch right toe back
3&4 Step right forward, step left together, step right forward
5-6 Touch left heel forward, touch left toe back
7&8 Step left forward, step right together, step left forward

RIGHT ½ PIVOT, RIGHT SHUFFLE FORWARD, LEFT ½ PIVOT, LEFT SHUFFLE FORWARD

- 1-2 Step right forward turn ½ left (weight to left)
3&4 Step right forward, step left together, step left forward
5-6 Step left forward turn ½ right (weight to left)
7&8 Step left forward, step right together, step left forward

RIGHT ROCK FORWARD, RIGHT COASTER STEP, LEFT ROCK FORWARD, LEFT COASTER STEP

- 1-2 Rock right forward, recover left back
3&4 Step right back, step left together, step right forward
5-6 Rock left forward, recover right back
7&8 Step left back, step right together, step left forward

RIGHT SIDE ROCK, RIGHT CROSS SHUFFLE, LEFT SIDE ROCK, TURN ¼ RIGHT, LEFT SHUFFLE FORWARD

- 1-2 Rock right to side, recover to left
3&4 Cross right over left, step left to side, cross right over left
5-6 Rock left to side, recover to right
7&8 Turn ¼ right and step left forward, step right together, step left forward

REPEAT
