



Specializing in  
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Couples Flow Dancing  
To All Types of Music

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## Bandera

Choreographed by DJ Dan & Winnie

**Description:** 48 count, low intermediate waltz partner/circle dance

**Music:** **Bandera** by Mona McCall  
Preview/purchase music

**Position:** Face To Face. Man LOD, lady RLOD. Same steps except 13-15 & 37-39  
Intro: 24

### TWINKLE LEFT & RIGHT

*Left palms together*

1-2-3 Cross left over, rock right side, recover to left

*Right palms together*

4-5-6 Cross right over, rock left side, recover to right

### TWINKLE LEFT & RIGHT

*Left palms together*

1-2-3 Cross left over, rock right side, recover to left

*Right palms together*

4-5-6 Cross right over, rock left side, recover to right

LADY: turn  $\frac{1}{2}$  left / MAN: WALTZ BACK LEFT / BOTH: WALTZ BACK

*Holding right hands*

1-2-3 LADY: Turn  $\frac{1}{4}$  left and step left forward, turn  $\frac{1}{4}$  left and step right back, step left together

MAN: Step left back, step right together, step left together

*Man's left hand picks up lady's left hand into right side by side, facing LOD*

4-5-6 BOTH: Step right back, step left together, step right together

### DIAGONAL, STEPS FORWARD, TURN $\frac{1}{4}$ , DIAGONAL, STEPS FORWARD, STRAIGHTEN UP

1-2-3 Turn  $\frac{1}{8}$  right and step left forward, step right forward, turn  $\frac{1}{4}$  left (weight to left)

4-5-6 Step right diagonally forward, step left forward, turn  $\frac{1}{8}$  right (LOD)

### FULL FORWARD TURN

1 Turn  $\frac{1}{4}$  left and step left forward

*Let go left hands, right hands over head lady*

2-3 Turn  $\frac{1}{4}$  left and step right back, step left together

*Rejoin left hands, let go right hands, left hands over head lady*

4-5-6 Turn  $\frac{1}{4}$  left and step right back, turn  $\frac{1}{4}$  left and step left forward, step right together (3:00)

*Rejoin right hands into Right Side By Side LOD*

### WALTZ FORWARD, WALTZ BACK

1-2-3 Step left forward, step right together, step left together

4-5-6 Step right back, step left together, step right together

LADY: TURN  $\frac{1}{4}$  LEFT / MAN: WALTZ FORWARD / BOTH: WALTZ BACK

1 LADY: Turn  $\frac{1}{4}$  left and step left forward

MAN: Step left slightly forward

*Right hands over head lady*

2-3 LADY: Turn  $\frac{1}{4}$  left and step right back, step left together

MAN: Step right together, step left together

*Facing each other, change hands into open double hand, man LOD lady RLOD*

4-5-6 Step right back, step left together, step right together

### STEP FORWARD, POINT, HOLD, STEP BACK, POINT, HOLD

1-2-3 Step left forward, point right side, hold

4-5-6 Step right back, point left side, hold

*Let go hands, begin again*

REPEAT