



COUNTRY PLUS

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ASCAP/BMI Licensed

Specializing in
Line Dancing &
Couples Flow Dance
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lesson
- Intermediate Lesson
- Partner Lessons
- D.J. Service

Duck Soup for Partners

(a.k.a. Double Ducks)

Choreographed by Ellen Kiernan

Description: 32 count, beginner east coast swing partner/circle dance

Music: Restless by Shelby Lynne [143 bpm / Restless / Available on iTunes]

Peroxide Blonde In A Hopped Up Model Ford by The Brian Setzer Orchestra [CD: Rockabilly Riot, Vol. 1 / Available on iTunes]

Go Jimmy Go by Jimmy Clanton [CD: Cruisin' The 66: Vol. 2 / Available on iTunes]

Let's Shout (Baby Work Out) by Colin James [140 bpm / The Little Big Band Vol 2 / Available on iTunes]

Or any swing music

Position: Sweetheart position. Same footwork throughout
Adapted from the line dance by Frank Trace

SHUFFLE FORWARD, WALK, WALK, SHUFFLE FORWARD, WALK, WALK

- 1&2 Step right forward, step left next to it, step right forward
- 3-4 Walk forward left, right
- 5&6 Step left forward, step right next to it, step left forward
- 7-8 Walk forward right, left

TOE STRUTS FORWARD, PIVOT 1/2 LEFT, SHUFFLE FORWARD

- 1-4 Step right toe forward, drop right heel, step left toe forward, drop left heel
 - 5-6 Step right forward, turn 1/2 left, transferring weight to left (riod)
 - 7&8 Step right forward, step left next to it, step right forward
- Drop left hands, raise right hands on counts 5,6

PIVOT 1/2 RIGHT, SHUFFLE FORWARD, STEP TOUCH, STEP TOUCH

- 1-2 Step left forward, turn 1/2 right, transferring weight to right (lod)
- 3&4 Step left forward, step right next to it, step left forward

Rejoin left hands, lower left hands on counts 3&4

Option: omit both 1/2 turns and do right rock, recover, right coaster; left rock, recover, left coaster

- 5-8 Step right forward on diagonal right, touch left next to it, step left forward on diagonal left, touch right next to it

WALK FORWARD, STEP TOUCH, STEP TOUCH

- 1-4 Walk forward right, left, right, left (boogie walk or any style desired)
- 5-8 Step right forward on diagonal right, touch left next to it, step forward on diagonal left, touch right next to it

REPEAT