



Specializing in
Line Dancing &
Couples Flow Dancing
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

SHAKE

Choreographed by Nathalie Bertizbera
64 count partner dance
Music: Shake by Mercyme
Start position: Double hand hold
Man facing OLOD Lady facing ILOD
Mans steps listed, ladies opposite

OUT, IN, OUT, HOLD, BEHIND, SIDE, CROSS, HOLD {twice}

- 1 - 8 Touch left toe out, in, out, hold – step behind, side, cross, {LRL} hold
9 - 16 Touch right toe out, in, out, hold, - step behind, side, cross, {RLR} hold

STEP, SLIDE, STEP, BRUSH

- 17 – 20 MAN: Turn $\frac{1}{4}$ DLOD – step, slide, step, {LRL} brush right
Lady: Full turn right stepping {RLR} brush left

MAN STARTS LADIES TURN WITH LEFT HAND -

SWITCH TO RIGHT HAND END IN SWEETHEART POSITION

STEP, LOCK, STEP, BRUSH

- 21 - 24 Step, lock, step, {RLR} brush left

STEP, LOCK, STEP, BRUSH, TOE, HEEL, TOE, HEEL

- 25 - 28 Step, lock, step, {LRL} brush right,
29 - 32 Right toe, heel, left toe, heel

MAN; ROCK, RECOVER, BACK, HOLD, ROCK, RECOVER, FORWARD, HOLD

LADY: PIVOT $\frac{1}{2}$ RIGHT, STEP, HOLD, PIVOT $\frac{1}{2}$ LEFT, STEP, HOLD

- 33 - 40 MAN: Rock forward right, recover left, step back right, hold, rock back left, recover right, step forward left, hold
Lady: step forward left, pivot $\frac{1}{2}$ right, step forward left, hold, step forward right, pivot $\frac{1}{2}$ left, step forward right, hold

SWITCH SIDES TWICE - LADIES STEPS OPPOSITE OF MANS STEPS

- 41 - 44 Moving to the outside, step right to side, cross left behind, turn $\frac{1}{4}$ left onto right, touch left heel forward
45 - 48 Moving to the inside, step left, right, left, brush, turning $\frac{1}{4}$ right to LOD - KEEP HANDS JOINED, Mans left hand
Goes over ladies head

TOE, HEEL, TOE, HEEL. SWITCH SIDES ONCE

- 49 - 52- Right toe, heel, left toe, heel
53 - 56 Moving to the outside, step right to side, cross left behind, turn $\frac{1}{4}$ left onto right, touch left heel forward
RELEASE BOTH HANDS

STEP, SLIDE, STEP, HOLD, PIVOT $\frac{1}{2}$, STEP HOLD LADIES STEPS OPPOSITE

- 57 - 60 Moving to the inside, step forward left, slide right together, step forward left, hold
61 - 64 Step forward right, pivot $\frac{1}{2}$ left onto left, step forward right, hold
PICK UP BOTH HANDS

REPEAT