

WE LOVE 2 BOOGIE

Choreographed by John & Freida Utzig 02/14/2006

2 Wall Stationary East Coast Swing and/or Jitterbug Swing Dance

Jitterbug described –

East Coast use shuffles in place of the step-holds, use music up to 140 bpm – Jitterbug for anything over 140 bpm}

Starting Position: closed or double hand hold {which ever is more comfortable}

Mans footwork described – Ladies footwork is opposite throughout

Music: Teach- Burnin' Love - Travis Tritt 148 bpm

Dance- I LOVE TO BOOGIE - Marc Bolan and Trex 178bpm

Treat Her Right - George Thorogood 182bpm

Any good swing song

Basic Swing Move

1-6 **Man:** Step left onto left foot – Hold – Step right onto right foot – Hold rock back onto Left – recover onto right. {**man facing 12:00**}

Lady: Opposite of man - Stepping right-hold-left-hold-rock-recover

Ladies Full Turn

7-12 **Man:** Repeat last six counts turning lady with Left hand {**man facing 12:00**}

Lady: Start full turn right onto right – hold – finish turn onto left – hold - Rock back right, recover onto left. {**end in single hand hold**}

She Goes-He Goes {switching places}

13-18 **Man:** Raise left arm as you step forward on left – hold – turn ½ left on right – hold–rock back left – recover right {**man-facing 6:00 – taking up double hand hold**}

Lady: Turn ½ left onto right – hold – step back onto left – hold – rock back right – recover left.

Together ¼ Twist

19-24 **Both:** Both step forward {end facing right shoulder to right shoulder}

Hold – twist ¼ turn to right to end left shoulder to left Shoulder –hold – rock back – recover {**man - facing 9:00**}

Together ¼ Twist

25-30 **Both:** Repeat last six counts {**man facing 12:00**}

Wrap the Lady

31-36 **Man:** Stepping in place, raise left arm over ladies head as you bring her into wrap position on your right side – stepping left –hold –right –hold – rock – recover { **Both facing 12:00**}

Lady: Step forward right –hold – turn ½ left onto left – hold –rock – recover onto left.

Unwrap the Lady

37-42 **Both:** Both reverse last six counts {**an facing 12:00**}

She Goes-He Goes {switching places}

43-48 **Both:** Both repeat counts 13 – 18 { **man ends facing 6:00 in single hand hold – return to double hand hold as you start next pattern**}

REPEAT and " Keep On Dancing "

